



**NDSA-02-2021**

## **A Resolution Supporting the Northern Prairie Community Clinic Free Telehealth Counseling Services**

**WHEREAS**, the North Dakota Student Association (NDSA) represents the voice of North Dakota's 45,000 public college and university students; and,

**WHEREAS**, the purpose of NDSA is to represent all students enrolled in the North Dakota University System (NDUS) and advocate on issues of higher education in support of access, affordability, quality, and the student experience; and,

**WHEREAS**, the North Dakota University System (NDUS) has an agreement with the Northern Prairie Community Clinic (after referred to as NPCC), located in Grand Forks, to provide free telehealth counseling services to any NDUS student; and,

**WHEREAS**, the NPCC provides individual, couples, adult, and adolescent, counseling services; and,

**WHEREAS**, the NPCC provides services on topics such as Depression, Anxiety, Grief/Loss, Relationship Concerns, Stress Management, Anger Management, Adjustment problems, and Behavioral Health Concerns; and,

**WHEREAS**, NDUS students often lack access to mental and behavioral health services at their respective campuses; and,

**WHEREAS**, the need for mental and behavioral health services and resources has greatly increased as a result of the COVID-19 pandemic; and,

**WHEREAS**, free telehealth counseling to any NDUS student provides an opportunity for students to receive access to necessary resources and trained mental health professionals that may not be accessible otherwise; so,

**THEREFORE, BE IT RESOLVED**, the NDSA supports the efforts of the NDUS and NPCC partnership to give all NDUS students access to free telehealth counseling services; and

**BE IT FURTHER RESOLVED**, the NDSA recommends that individual institutions utilize the services available to their students through the NPCC; and

**BE IT FURTHER RESOLVED**, the NDSA urges the NDUS to continue to provide support for the NPCC telehealth counseling program through allocation of funds and advocacy for the program.

*Approved by the NDSA General Assembly on Saturday, September 19<sup>th</sup>, 2020*